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*Continuing  
Education Courses  
for the  
Healthcare Professional*

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TRAINING WORKSHOPS

Dr.  
*Waltz*

*Discover the Power of Your Inner Mind!*

CATHERINE L. WALTZ, PH.D., LCSW    PSYCHOTHERAPY - HYPNOTHERAPY

# Workshop Schedule

DATES & TIMES SUBJECT TO CHANGE  
See [www.drwaltz.com](http://www.drwaltz.com) for latest updates

FOR MORE INFORMATION CALL: 954-801-4101 • FAX 954-527-5275 • E-mail: [cwaltz@drwaltz.com](mailto:cwaltz@drwaltz.com) • [www.drwaltz.com](http://www.drwaltz.com)

## Advanced Supervision Training - A Series of Four Fabulous Workshops!

**OBJECTIVES:** These three-hour continuing education workshops will provide a “process-oriented” approach to enhance your effectiveness in working with others. Each workshop will provide participants with the opportunity to expand his/her use of “process” in practice with supervisees and clients.

**INSTRUCTOR:** C.L. Waltz, Ph.D., LCSW and Mary Jo Klingel, LCSW

**3 CEU HOURS APPROVED FOR - Florida 491 Board:** Licensed Clinical Social Worker, Licensed Mental Health Counselor, Licensed Marriage Family Therapist, **Florida Board of Psychology:** Psychologist, Limited License Psychologist, **Florida Office of School Psychology:** School Psychologist

## Domestic Violence: A Clinical Perspective

**OBJECTIVES:** This workshop provides medical and mental health professionals with information that will assist them in identifying and assessing the needs and concerns of domestic violence victims. The participants will explore: Dynamics of power and control which influence violence in relationships; Justifications used to excuse battering behaviors and a continuum of violence; Effects of victimization on the victim and others; Clinical assessments; Safety planning and interventions that may improve the safety of the victim (including applicable safety planning and identifying community supports)

**INSTRUCTOR:** C.L. Waltz, Ph.D., LCSW

**2 CEU HOURS APPROVED FOR - Florida 491 Board:** Licensed Clinical Social Worker, Licensed Mental Health Counselor, Licensed Marriage Family Therapist; **Florida Board of Psychology:** Psychologist, Limited License Psychologist; **Florida Office of School Psychology:** School Psychologist; **Florida Council of Licensed Midwifery:** Licensed Midwife

## Ethics and Boundary Issues for Mental Health Professionals

**OBJECTIVES:** This course meets Florida’s requirement for an ethics and boundary course for all mental health professionals and is designed for professionals at all experience levels. The course: Differentiates between values, laws and ethics; Allows the participants to discuss common ethical dilemmas, traps and pitfalls; Demonstrates how one’s best practice will alleviate negative impacts on clients and one’s own career and clinical practice

**INSTRUCTOR:** C.L. Waltz, Ph.D., LCSW

**3 CEU HOURS APPROVED FOR - Florida 491 Board:** Licensed Clinical Social Worker, Licensed Mental Health Counselor, Licensed Marriage Family Therapist; **Florida Board of Psychology:** Psychologist, Limited License Psychologist; **Florida Council of Dietetics and Nutrition:** Dietitian / Nutritionist, Nutritional Counselor; **Florida Office of School Psychology:** School Psychologist



## Our Workshops are held at . . .

Unitarian Universalist Church of Fort Lauderdale  
3970 N.W. 21st Avenue, Oakland Park, FL 33308

From I-95, take the westbound exit for Oakland Park Blvd., and continue west on Oakland Park a few blocks past the main Post Office, which is on the left (south) side. At the traffic light for 21st Ave., turn right (go north) and continue 0.7 miles to the Unitarian Universalist Church of Fort Lauderdale. The church is on the right (east) side of 21st Ave.



### Florida Laws and Rules

**OBJECTIVES:** This Laws and Rules 8-hour course is required for applicants for Social Work, Marriage and Family or Mental Health licensure. Seasoned professionals who wish to update their knowledge of current Laws and Rules will also find this stimulating course to be interesting and dynamic. The course contains all pertinent laws and rules to aid mental health professionals in avoiding malpractice problems, adhering to licensure requirements and protecting clients' welfare. Participant will become familiar with the eight following sections:

- Regulation of Professions and Occupations • Psychotherapist-Patient Privilege • Florida Mental Health Act
  - Substance Abuse Services • Protection from Abuse, Neglect and Exploitation
    - Clinical, Counseling, and Psychotherapy Services
- Rules of the Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling
  - Integrating laws and rules with clinical practice through discussion, case examples and vignettes

**INSTRUCTOR:** C.L. Waltz, Ph.D., LCSW

**8 CEU HOURS APPROVED FOR - Florida 491 Board:** Clinical Social Worker, Mental Health Counselor, Marriage Family Therapist; **Florida Council of Licensed Midwifery:** Licensed Midwife

### Medical Errors Prevention

**OBJECTIVES:** This course has been developed to specifically meet the needs and interests of mental health professionals. Participants will engage in a dialogue about the applicability of root cause analysis and error prevention in a variety of mental health practice settings. Participants will: Be able to define and apply root cause analysis to their work; Identify error reduction and prevention strategies applicable to mental health and social service populations; Learn the benefits of focusing on patient safety

**INSTRUCTOR:** C.L. Waltz, Ph.D., LCSW

**2 CEU HOURS APPROVED FOR - Florida 491 Board:** Licensed Clinical Social Worker, Licensed Mental Health Counselor, Licensed Marriage Family Therapist; **Florida Council of Dietetics and Nutrition:** Dietitian / Nutritionist, Nutritional Counselor; **Florida Electrolysis Council:** Electrologist; **Florida Council of Licensed Midwifery:** Licensed Midwife

### Practice Friendly Supervision

**OBJECTIVES:** This two-day (16 hour) training is interactive and process-oriented. Participants will: Become familiar with models of supervision; Be able to develop a personal model of supervision; Understand the co-evolving relationship dynamics between therapist-client and supervisor-therapist-client; Address contextual variables such as culture, gender, ethnicity, power and economics; Become familiar with ethical, legal and regulatory issues of supervision; Understand the role of evaluation in supervision

**INSTRUCTORS:** C.L. Waltz, Ph.D., LCSW and Mary Jo Klingel, LCSW

**16 CEU HOURS APPROVED FOR - Florida 491 Board:** Licensed Clinical Social Worker, Licensed Mental Health Counselor, Licensed Marriage Family Therapist; **Florida Office of School Psychology:** School Psychologist; **Florida Board of Psychology:** Psychologist, Limited License Psychologist

# Dr. Waltz Training Workshops

## Meet the Instructors



**Catherine L. Waltz, Ph.D., LCSW**, is a clinical social worker whose private practice office is in Fort Lauderdale, Florida. Her diverse practice includes individual and group psychotherapy, clinical hypnotherapy, supervision of licensure interns and students, consulting and expert testimony about violence, domestic violence, and victimization. Dr. Waltz provides consultation to batterer intervention programs nationally. She is a consultant for the National Training Project in Duluth, Minnesota providing training on domestic violence interventions around the world.

**Mary Jo Klingel, LCSW**, is a clinical social worker in private practice in Fort Lauderdale. Her practice includes Gestalt therapy, women's issues, process work and group work. She has led clinical supervision groups and other workshops for the past fourteen years. She has participated in an Authentic Movement Collective in the Tampa Bay area for several years. She recently began a similar collective in Fort Lauderdale, in addition to offering Authentic Movement workshops and individual sessions.

**CATHERINE L. WALTZ - CE PROVIDER #50-1567, EXP. 03/09**

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- Stimulating Workshops
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**INFORMATION SUBJECT TO CHANGE**



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FORT LAUDERDALE, FL 33316

